# Jewish Center of Northwest Jersey

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Facebook: JCNWJ & JCNWJ Members Only

January 2025

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### Rabbi's Message

Dear Friends,

As we bid farewell to Hanukkah for the tenth time since I've been Rabbi of the Jewish Center of Northwest Jersey, we begin to look forward to new opportunities in 2025. The still-flickering lights of our *hanukkiyot* remind us that even in times of challenge, the smallest spark of hope and faith can illuminate the darkest of nights.

Hanukkah teaches us about resilience and the power of conviction. The Maccabees' determination to hold strong in their values in light of overwhelming odds inspires us to stand proud for our ours as well as we seek to make this a better world for all. So, as we reflect on the miracles of the past, we are reminded to seek and recognize the miracles of the present, and to work for miracles in the future.

This year, our reflections are particularly poignant as we think of the roughly 100 hostages still being held in Gaza 452 days later, and their anguished families who are still praying for their loved one's safe return. The story of Hanukkah is one of liberation—a small group overcoming immense adversity to reclaim their freedom and dignity. The tiny little nation of Israel continues to be surrounded by adversaries who want nothing less than the eradication of the Jewish State. So let us channel the courage and hope of our ancestors as we pray for and work toward the release of the hostages and the safety of our extended family in Israel.

(continued on next page)

#### **Calendar of Events**

Friday, January 3 7:00pm: Shabbat Evening Service

Saturday, January 4 11:00am: Coopers Gristmill Hike (see pg. 7)

Sunday, January 5 9:30am: Hebrew School

Monday, January 6 7:00pm: Board of Trustees Meeting

Saturday, January 11 10:30am: Torah Study on Zoom

Sunday, January 12 9:30am: Hebrew School 10:15am: Dor L'Dor & Chaverim

#### Saturday, January 18

- 10:00am: Hebrew School & Adult Music w/Deb Apsel
- 10:30am: Shabbat Morning Service (MLK weekend) with Mt. Pisgah AME Church

Sunday, January 19

11:00am: Sunday Morning Service <u>at</u> Mt. Pisgah AME Church

Sunday, January 26 9:30am: Hebrew School

NOTE: Services are also streamed on Zoom using the link that is emailed out.

### Rabbi's Message (continued)

As we transition from the Festival of Lights to the new secular year ahead, 2025 offers a chance for us to rededicate ourselves—both individually and as a community. Just as the Temple was rededicated after its desecration, so too can we renew our commitments: to our faith, to our values, to our people, and to one another. In the coming year, let us commit to seeking new opportunities to grow, to learn, and to support one another.

As we transition from the Festival of Lights into the new secular year ahead, may we carry the lessons of Hanukkah with us: the courage to stand firm in our beliefs, the wisdom to recognize everyday miracles, and the dedication to spread light in all that we do.

May this year be one of peace, freedom, prosperity, and blessing for all.

Rabbi Dubin



### **President's Message**

As we close 2024, again I reflect on my life and my choices. Working both a full-time job and 1-2 part-time jobs doesn't leave much time for my needs. So, I have been reassessing those choices and trying to choose me more.

2025 is about making healthy choices for both my psyche and my body. Developing healthy relationships and participating in physical, outdoor activities. The JCNWJ is very much a part of my wellbeing, from services to music with Debbie to chaverim activities and all the other extras our little shul manages to offer.

Selfishly I will use this platform to implore you become more actively involved. We want to get to know you! So please consider participating in the Saturday morning sing-a-longs, the hikes, the potluck dinners, the yoga, the movie nights, services – for sure!! Financial donations keep our doors open, but you keep us vibrant!!

Not sure what's happening? Sign up for WhatsApp alerts. Sign up for the "JCNWJ Members only" FB page. Confirm we have your correct email address for monthly newsletters & reminders. AND ask any Board member or ask me. We want to hear your ideas and want you to be informed and involved in what's planned. Be safe! Have fun! Happy New Year!

### A Reminder from the Sunshine Committee

Please let us know when someone has passed away, is ill or otherwise in need of a little sunshine so that the Jewish Center may be there to support and assist as best we can. Please contact Ruth Schutzbank at (908) 329-6036 or Howie.ruth@hotmail.com.

### **VP Corner**

Hello JCNWJ Friends! I will be sharing some of my favorite recipes, local hike ideas, etc. in the "VP Corner."

**VEGAN EGGPLANT LASAGNA** (if you are not vegan, use any preferred cheese; if you are like me and want low fat, don't use fat free ricotta cheese, it's very salty and will ruin the taste & I don't add the extra marinara sauce, I just use the lentil filling as the sauce)

#### **Ingredients**

#### For the Lentil Filling:

#### For the Lasagna:

- 1/2 Yellow Onion, diced
- 1 cup Carrot, finely diced
- 14 oz Crushed tomatoes
- ¼ cup Tomato Paste
- 1 cup Dry Green Lentils
- 2 cups Vegetable Broth
- 1/2 cup Parsley, chopped
- ¼ cup Basil, chopped
- Salt, to taste

#### **Directions**

**Prepare the Eggplant:** Preheat the oven to 375F while you prepare all of the ingredients. Line 2-3 Baking Trays with parchment paper and fill each tray with the Eggplant "coins", so none are overlapping. Bake for 25 minutes, then remove from the oven.

**Make the Lentil Filling:** In the meantime, add the diced Onion to a large pot with a splash of Water or Oil; sauté over Medium heat for 3-4 minutes, until translucent. Then, add the Carrot, Crushed Tomatoes, and Tomato Paste to the pot, stirring well. Once everything is well incorporated, add the Lentils, Vegetable Broth, Parsley, and Basil. Bring everything to a boil, then cover and simmer over low for 30 minutes.

**Layer the Lasagna:** Spread 1/2 cup of Marinara Sauce over the base of a large casserole dish, then cover it well with 1/3 of the Eggplant – try to overlap it as tightly as possible!

1. Layer 1: spread 1/2 of the cooked Lentil filling evenly across the Eggplant, followed by 1/3 of the Vegan Ricotta

2. Layer 2: add another layer of Eggplant, then follow with the remainder of the Lentils and another 1/3 of the Ricotta

3. <u>Top it Off:</u> add the remainder of the Eggplant to the Casserole, followed by the rest of the Vegan Ricotta. Pour 1 cup of Marinara Sauce over the dish, and swirl it together with the Ricotta to complete the Lasagna.

**Bake and Serve:** bake the Lasagna at 375F for 35 minutes. Let the Lasagna sit for 10 minutes, then cut and serve as desired.

- Lentil Filling
- 1 batch of <u>Vegan Ricotta</u>
- 3 large Eggplant, cut into 1/3" rounds
- 1 ½ cup Marinara Sauce of Choice

# Chaverim

Chaverim is open to all adult members of the congregation. Please reach out to Ruth Schutzbank if you have not already joined and would like to.

The next meeting will be on January 12.

JOIN us on FB at "**JCNWJ members only**" page for updates and/or add "**WhatsApp**" to your smartphone to get current updates. We look forward to seeing you all at these events! Questions, please call Beth 908.303.3868 OR Suzi 908.343.1135

### **Schedule of Events**

DAY / DATE '24 - '25	TIME	Chaverim Schedule to date:
		Hebrew School – I'Dor v'Dor – everyone invited! / Chaverim meeting at
Sunday, Jan. 12, 2025	9:30 AM	11:30am
		Chaverim Ritual Cooking, may be postponed to correspond with Passo-
Sunday, Feb. 23, 2025	TBD	ver
		Purim Dinner, Service, Spiel / Chaverim helpers needed for dinner &
Saturday, Mar. 15, 2025	5:30 PM	oneg
		Second Night Seder - In person & Zoom / I'Dor v'Dor / Chaverim – every-
Sunday, Apr. 13, 2025	6:00 PM	one invited!
Saturday May 3, 2025	7:00 PM	Annual Judaica Swap & Havdalah Service
Sunday, May 18, 2025	1:00 PM	MOTHERS' DAY TEA PARTY / Mothers of Chaverim

# **Updates & Events**

# **TORAH STUDY**

The Torah study group is an informal discussion group, led by Rabbi Dubin and participants. We are continuing our reading of 1 Samuel, which tells the stories of King Saul and King David. The discussions often make connections between the ancient text and modern times.

The next meeting is January 11 at 10:30am.

https://us02web.zoom.us/j/89728604184? pwd=L0tBSmhoSDZ3Vk5sdlRRc1Y40mY4UT09

### **PURIM SPIEL**

It's that time again to begin Purim Spiel rehearsals! Who is ready for the fun?

Howie and I are deep into writing our own NEIL DIAMOND Spiel and will be ready for action in January!

Contact Debbie: debapsel@gmail.com

### **DONATIONS**

In memory of Naomy Davine, Shelley Herson, and Richard Herson - Edvthe Herson

In memory of William Hopkins - Sharon Herson

In memory of Ellen Field - Alison Shelofsky

In memory of Joseph Berkowitz - Jerry Berkowitz

### **YAHRZEITS**

Leslie Apsel Nannette Hoffman Richard Herson Shelley Herson Molly Finkelstein Art Lavine Jackie Spinner Isaac Nudelman Jessica Hirsch Mary Saylor Kalb William Hopkins Roland Bakonyi Ellen Field Joseph Berkowitz

Mother of Deb Apsel Cousin of Edythe Herson Husband of Edythe Herson Brother-in-law of Edythe Herson Mother of Shelley Finkelstein Grandfather of Teri Stanton Mother of Robin Hall Grandfather of Tracey Bauer Daughter of Iris and Howie Hirsch Laurette Fromer Pinn Mother of Helen Mattson Wife of Gerry Kalb Friend of Sharon Herson Husband of Esther Bakonyi Mother of Alison Shelofsky Father of Jerry Berkowitz

Note: If any Yahrzeit information is missing or incorrect, please notify the Temple.

# **Updates & Events**



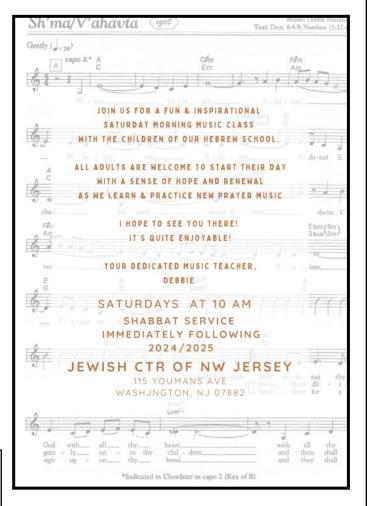
# LET`S GO HIKING

Meet at Coopers Gristmill, Rt 24 in Chester NOTE TIME CHANGE- Arrive by 11:00 am, ready for easy to moderate group hike Call Robin with Qs 908.720.2205

SATURDAY, JAN. 4th, 2025

### HOLD THE DATE

Year-End Hebrew School & Congregational Celebration Sunday June 1st starting at 9:30am at JCNWJ. Activities will include tie-dying JCNWJ T-shirts. We need your t-shirt order ASAP, including the size you'll need in June and a \$5 deposit for each person participating. T-Shirts should be \$10 to \$12 per person (students have prepaid) and will have blk/wht JCNWJ logo on the front (no printing on back). Please Venmo to @Suzanne-Marr-4 (last 4 digits of phone are 1135) or mail to: Suzanne Marr 70 W. Stewart Street Washington, NJ 07882





# **Updates & Events**

# **FOOD DRIVE**

JCNWJ continues to collect nonperishable items for donation to local food pantries.

Thank you for your continued support! -Iris

# **BUILDING UPDATE**

If you notice that something is running low and needs to be replaced (either in the bathrooms or kitchen), please let me know.

You can either call or email me at irishirsch@comcast.net or 908-239-4585.

Thank you, Iris

# **SURVEY RESULTS**

We had 19 members fill out the survey. Thanks to all who participated; your responses are very much appreciated!

Many of you would like to see the return of Book Club, a game night, and educational programming including, but not limited to, Israel and antisemitism. Stay tuned as we work on adding more programming in 2025-2026. To those who offered to help plan events, we will be reaching out to you!

It is never too late to send me your thoughts and you can do so via email: gerriruthklein@gmail.com, text or call: 908 455 1285.

Gerrí



# **Photos**















# **JCNWJ Services**

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115 YOUMANS AVE. WASHINGTON, NI

#### MEMBERSHIP~

Family, married and/or with children ...... \$1400.00 Single, individual ...... \$ 700.00

#### BABY NAMING~

#### B'NAI MITZVAH~

Bar or Bat Mitzvah ...... \$ 360.00 Bar or Bat Mitzvah when CIF is not PIF ......\$1476.00 Additional \$1000 may be applied to CIF

#### MARRIAGE~

Wedding.....\$ 360.00

#### **DEATH/BURIAL PLOT~**

Funeral	\$ 180.00
Funeral, non-member	\$ 612.00
Located in Easton, PA	Market Price
All other charges payable to Easton Cemetary	



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115 YOUMANS AVE. WASHINGTON, NJ

#### **MEMORIAL & SIMCHA**

Memorial plaque, member \$ 324.00
Memorial plaque, non-member \$ 540.00
Simcha tree leaf \$ 180.00
Pew plaque \$ 252.00
Prayer book \$ 36.00
Donation card \$ 5.00 & up
Library \$ 10.00 & up

#### EVENTS

Kitchen/Simcha room.....\$ 252.00 +\$252.00 refundable deposit



# **JCNWJ Services**

Do you want to see new programming? Are you willing to coordinate a one-day event? Here are some ideas? Do you have another idea?

# CALL FOR VOLUNTEERS

Jewish Center of Northwest Jersey contact Suzi at 908.343.1135 or by email at prez.JCNWJ@gmail.com



o Book Club o Dinner & a Movie o Mahjong o Hiking / Walking / Outdoors o NY / Philly / Other Day Trip o Museum / Art Gallery Visits o Photography Class o Plays / Concerts o Self-Care Day o Scavenger Hunt o Sleep Over / Retreat o Watch Parties – Sports, Movies

IN LOVING MEMORY YIZKOR & YAHRZEIT MEMORIAL CANDLES AVAILABLE



# **Partners**



with Josephine Noone starting Monday Jan 13th -7:00 pm \$10 per class Cash or Venmo accepted

*Sign up with Suzi* 908.343.1135

# **Partners**

Domestic Abuse & Sexual Assault Crisis Center of Warren County

Dear Members of the Jewish Center of Northwest Jersey,

"Just as despair can come to one only from other human beings, hope, too, can be given to one only by other human beings." – Elie Weisel

At the Domestic Abuse and Sexual Assault Crisis Center – DASACC, we believe that these challenging times have given us an opportunity for self-reflection, learning, and growth. The mission of the DASACC is to help, serve, and advocate for those impacted by interpersonal violence, to be proactive regarding its prevention, and to create positive change.

We offer a wide range of services tailored to meet the diverse needs of those affected by interpersonal violence:

#### 24/7 Crisis Intervention

- Emergency Shelter individual bedrooms & pet-friendly
- 24/7 Hotline/Helpline 908-453-4181
- 24/7 Web Chat
- www.DASACC.org/web-chat
  Domestic Violence & Sexual
- Assault Response Team

#### Additional Services

- Legal Advocacy
- Individual and Group Counseling
- Case Management
- Community Outreach & Prevention
- Volunteer Program
- Casa Hispana
- Wardrobe of Hope

As members of the Jewish Center of Northwest Jersey, we invite you to join us in supporting the important work of DASACC. Together, we can make a difference in the lives of survivors and create a community where everyone feels safe, valued, and empowered.

For more information about DASACC and how you can get involved, please visit our website at www.DASACC.org.

Thank you for your support and compassion. Sincerely,

The DASACC Team 24/7 Hotline/Helpline 908-453-4181



HELPLINE: 1.888.8BE.SAFE | WWW.DASACC.ORG | OUTREACH OFFICES: 29C BROAD STREET | WASHINGTON, NEW JERSEY 07882 OUTREACH: 908.453.4121 | OUTREACH FAX: 908.223.1145 | SAFE HOUSE: 908.453.4181 | SAFE HOUSE FAX: 908.453.708

# **Partners**



#### Wanted: Advertisers for JCNWJ Journal

Kindly take note of the ads at the end of our Journal and whenever possible, support these establishments with your patronage. It's also a good idea to mention that you saw their Temple ad. If there are any businesses that you use regularly that might be interested in taking an ad in the Journal, please contact Rita Berkowitz (berk721@aol.com) or Ruth Schutzbank (Howie.ruth@hotmail.com). You can also go to our homepage, print out an advertising form and give it directly to them to mail in.