

Jewish Center of Northwest Jersey Journal

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Rabbi's Message

Dear Friends,

As we stand on the precipice of the Jewish month of *Tishrei*, a month jampacked with profoundly sacred days, we find ourselves preparing not only for *Rosh HaShannah & Yom Kippur*, but for *Sukkot*, *Shemini Atzeret*, and *Simchat Torah*, too. Now, if you're like the majority of Jews in our society, you're probably familiar with *Rosh HaShannah*, *Yom Kippur*, *Sukkot*, and *Simchat Torah*, but *Shemini Atzeret*, significant though it is, probably comes as a bit more of a mystery.

Celebrated eight days following the first day of *Sukkot*, *Shemini Atzeret* holds a unique place in the Jewish calendar, serving as a bridge between the joy of the harvest and the introspection that comes with the onset of winter and the rainy season.

As recorded in Leviticus 23:35-37, *Shemini Atzeret* is a biblically ordained day of assembly, or gathering (*Yom Atzeret*), during which God requests of us to remain focused and grateful to God, even after the festival of *Sukkot* has come to a close.

One of the defining features of *Shemini Atzeret* is that, like *Sukkot* (harvest festival) and *Tu B'Shevat* (birthday of the trees), and Passover (beginning of the barley harvest), and *Shavuot* (end of the wheat harvest), it too is deeply rooted in the agricultural calendar of ancient Israel, thus underscoring the spiritual connection between our people and the land. It is on *Shemini Atzeret* each year that we make the semi-annual change in our daily Amidah prayer from praising God for bringing the daily dew of summer to praising God of bringing the rains of winter instead.

One difference you may notice from community to community is that while some synagogues celebrate *Shemini Atzeret* for one day, others celebrate it for two. The reason for this difference is that just as Orthodox and Conservative Jews celebrate Passover for seven days in Israel but eight days in the Diaspora, so too with *Sukkot*. Since *Shemini Atzeret* is to be observed eight days after the first day of *Sukkot*, because Orthodox and Conservative Jews celebrate the first day of *Sukkot* twice in the Diaspora, *Shemini Atzeret* is also celebrated twice in more traditional Diaspora communities. On the

(continued on next page)

Calendar of Events

Wednesday, October 2

7:00pm: Rosh Hashanah Evening Service

Thursday, October 3

10:00am: Rosh Hashanah Morning Service
Tashlich following service

Friday, October 4

10:00am: Rosh Hashanah Morning Service
Luncheon following service

Friday, October 11

7:00pm: Kol Nidre Service

Saturday, October 12

10:00am: Yom Kippur Morning Service
Yizkor following service
4:00pm: Torah Study
5:15pm: Afternoon/Neilah Service
Break fast following service

Sunday, October 20

9:30am: Hebrew School/Dor L'Dor
10:45am: Sukkot Celebration
Pizza in the Hut following

Friday, October 25

7:00pm: Shabbat Evening Service
Shemini Atzeret/Simchat Torah

Sunday, October 27

9:30am: Hebrew School
12:00pm: Chaverim Hike

Rabbi's Message (continued)

other hand, since Reform communities like the JCNWJ take our cue from the Bible itself, which calls for seven days of Sukkot, we celebrate only one first day.

The result is that we then have only one first day of *Sukkot*, and thus, only one day of *Shemini Atzeret*.

This year, *Shemini Atzeret* begins on the evening of Wednesday, October 23 and concludes on the evening of Thursday, October 24, which is concurrent with *Simchat Torah*. In keeping with our local custom of celebrating most holidays on the closest Shabbat, I hope you will join us at 115 Youmans Avenue on Friday evening, October 25, for our annual *Simchat Torah* celebration, during which this year we will be sure to give *Shemini Atzeret* its proper due.

Before then, I hope to have the opportunity to wish each and every one of you a Shana Tova during Rosh HaShanah and Yom Kippur.

Until then,

--לְשָׁנָה טוֹבָה וּמְתוּקָה--
L'Shana Tova u'M'tuka

Wishing you all a Happy and Sweet New Year,

Rabbi Dubin

Say to the Israelite people: On the fifteenth day of this seventh month there shall be the seven-day Feast of Booths (Sukkot) for Adonai.	דַּבֵּר אֶל־בְּנֵי יִשְׂרָאֵל לֵאמֹר בַּחֲמִשָּׁה עָשָׂר יוֹם לַחֹדֶשׁ הַשְּׂבִיעִי הַזֶּה חַג הַסֻּכּוֹת שִׁבְעַת יָמִים לַיהוָה:
The first day shall be a sacred occasion: you shall not work at your occupations;	בַּיּוֹם הַרְאִשׁוֹן מִקְרֵא־קֳדָשׁ כָּל־מְלָאכָת עֲבֹדָה לֹא תַעֲשׂוּ:
seven days you shall bring offerings by fire to Adonai. On the eighth day you shall observe a sacred occasion (Shemini Atzeret) and bring an offering by fire to Adonai; it is a solemn gathering: you shall not work at your occupations.	שִׁבְעַת יָמִים תִּקְרִיבוּ אֲשֶׁה לַיהוָה בַּיּוֹם הַשְּׁמִינִי מִקְרֵא־קֳדָשׁ יִהְיֶה לָכֶם וְהִקְרַבְתֶּם אֲשֶׁה לַיהוָה עֲצֻרָת הוּא כָּל־מְלָאכָת עֲבֹדָה לֹא תַעֲשׂוּ:

<https://www.myjewishlearning.com/article/the-amidah/>

President's Message

Each September, I find myself evaluating the previous year, and my life overall. Partly because it's time to celebrate the Jewish New Year when we acknowledge our trespasses and ask for forgiveness, and partly because it's my birthday. Since graduating college, this has become ritual for me.

This year as I review my life and times, I have so much to be grateful & thankful for:

- *my health,*
- *my ability to support myself,*
- *my revived relationship with Grace,*
- *my JCNWJ community,*
- *my local community,*
- *my dearest friends, and on and on...*

I'm sure this is something you do too. Express gratitude, acknowledge mistakes, ask for forgiveness and hopefully plan a better version of self because we've learned and grown from all of these experiences.

I must also remind myself that I am forever a "*work in progress*"; to be kind to myself and to others. Missteps happen. Mistakes happen. Good things happen too. We must recognize them as learning experiences with the intention to improve and progress. And, to remember goals and expectations are good tempered with reason. As we move forward as a Congregation, I want to keep this in mind too. Rabbi Dubin, the Board of Trustees and I will work on SMART goals as we continue on our journey representing the needs of our Jewish community in Washington Borough and the surrounding area.

I wish you all peace! I wish you all a sweet New Year! I wish that you are all written in the Book for the coming year! L'shana tova!!

Chaverim

Thank you to everyone who included Chaverim membership with their annual dues. Chaverim is open to all adult members of the congregation. We use the dues to pay for temple activities throughout the year. Please reach out to Ruth Schutzbank if you have not already joined and would like to.

Please mark your calendars! The next Chaverim event will be a hike at Hacklebarney State Park on October 27 at 12 noon. We will meet at the park. Watch your email or WhatsApp for details on the exact location.

Yoga w/ Gina @ The Barn Belvidere, NJ - Spoonful of Om – Wednesday evenings - special monthly rate available.

Zumba Gold w/ Sandy Polsky @ WCH4H Community Center, 31 Belvidere Avenue, Washington, NJ – Mondays at 10am, Fridays at 11:15am - \$5.00.

JOIN us on FB at “**JCNWJ members only**” page for updates and/or add “**WhatsApp**” to your smartphone to get current updates. We look forward to seeing you all at these events! Questions, please call Beth 908.303.3868 OR Suzi 908.343.1135

Schedule of Events

Sunday, October 27, 2024	12:00 PM	Chaverim Hike
Sunday, November 24, 2024	9:30 AM	I'Dor v'Dor / Chaverim
Friday, December 27, 2024	7:00 PM	SHABBAT Evening Service / Chanukah Service & Chaverim PARTY
Sunday, January 12, 2025	9:30 AM	I'Dor v'Dor / Chaverim
Sunday, February 23, 2025	TBD	Chaverim Ritual Cooking
Saturday, March 15, 2025	5:30 PM	Purim Dinner, Service, Spiel / Chaverim Mishloach Manot Tricky Tray
Sunday, April 13, 2025	6:00 PM	Second day Seder - In person & Zoom / I'Dor v'Dor / Chaverim
Sunday, May 18, 2025	1:00 PM	MOTHERS' DAY TEA PARTY / Mothers of Chaverim

Updates & Events

HIGH HOLY DAYS SCHEDULE

Rosh Hashanah

Wednesday, 10/2 @ 7:00pm—Evening Service

Thursday, 10/3 @ 10:00am—Morning Service
Taschlich following service

Friday, 10/4 @ 10:00am—Morning Service
Lunch following service

Yom Kippur

Friday, 10/11 @ 7:00pm—Kol Nidre Service

Saturday, 10/12 @ 10:00am—Morning Service
Yizkor following service

4:00pm—Torah Study

5:15pm—Afternoon Service/Neilah

Break Fast following service

Know someone looking to attend services as a guest? Refer them to Beth Lappin or email jcnwj@outlook.com

NEW YEARS GREETINGS

To Rabbi Dubin and Family from Sharon, Daniel, and Edythe

To the JCNWJ Congregation from Sharon, Daniel, and Edythe

Shanah Tova to our JCNWJ family Love Robin and Colson

L'Shanah Tova from the Smith family

L'Shanah Tovah to everyone from Ed, Roseann and Sarah Weinstein

L'Shana Tovah to friends and family from the Gross family

NEW YEARS GREETINGS

To my temple family from Ruth Schutzbank

To Kowski from Loomis

To Schutzbank from Loomis

To Hirsch from Loomis

L'Shana Tovah from the Loomis Family

L'Shana Tovah from the Margolin/Weiner family

To the Congregation from Adam Tucker

To the Congregation from the Klein family

To All JCNWJ Members from Jerry and Rita Berkowitz

To the Congregation from the Jordan Family

To the JCNWJ Membership from Helen and John Mattson

To Members of the Jewish Center of Northwest Jersey with Love from Rabbi Ellen Lewis

To the congregation from the Glass family

L'Shana Tovah to the entire Congregation, the Marr family!

To our Jewish Center family from Jeff and Jeanie Berkowitz

To Jerry and Rita Berkowitz from Jeff and Jeannie

To my JCNWJ friends - L'Shanah Tovah from Marsha Torine

L'Shanah Tovah from the Nathanson family

To our Congregation from the Bauer Family

Updates & Events

TORAH STUDY

The Torah study group is an informal discussion group, led by Rabbi Dubin and participants. We take turns reading and discuss the paragraphs/chapters as we go. We often touch on/get really into contemporary events, even though we are reading an ancient text.

There will be no meeting in October. The next meeting is November 9 at 10:30am. We are continuing our reading of 1 Samuel, which tells the intriguing stories of King Saul and King David.

<https://us02web.zoom.us/j/89728604184?pwd=L0tBSmhoSDZ3Vk5sdjRRc1Y4QmY4UT09>

DONATION

In memory of Belle Shore
- Helen and John Mattson

BUILDING UPDATE

If you notice that something is running low and needs to be replaced (either in the bathrooms or kitchen), please let me know.

You can either call or email me at irishirsch@comcast.net or 908-239-4585.

Thank you.

Iris



Updates & Events

Sh'ma/V'ahavta 190C

Music: Debbie Friedma
Text: Deut. 6:4-9; Numbers 15:37-4

Gently (♩ = 74)

capo 3:*

Sh' - ma Yis - ra - eil: A - do - nai

JOIN US FOR A FUN & INSPIRATIONAL SATURDAY MORNING MUSIC CLASS WITH THE CHILDREN OF OUR HEBREW SCHOOL.

El - lo - hei - nu, A - do - nai, A - do - nai E -

ALL ADULTS ARE WELCOME TO START THEIR DAY WITH A SENSE OF HOPE AND RENEWAL AS WE LEARN & PRACTICE NEW PRAYER MUSIC

chad! Ba - ruch sheim k' - vod, sheim k' -

I HOPE TO SEE YOU THERE! IT'S QUITE ENJOYABLE!

vod **YOUR DEDICATED MUSIC TEACHER,** I' - o - lam,

DEBBIE

SATURDAYS AT 10 AM SHABBAT SERVICE IMMEDIATELY FOLLOWING 2024/2025

JEWISH CTR OF NW JERSEY

115 YOUMANS AVE
WASHINGTON, NJ 07882

God with all thy heart, with all thy gent - ly un - to thy chil - dren and thou shall sign up - on thy hand and they shall

*Indicated in Chordster as capo 2 (Key of B)

Updates & Events

JCNWJ | Chaverim | Fresh Air | Sunshine | Exercise

Let's Go Hiking

27 October 2024

Hacklebarney State Park

119 Hacklebarney Rd

Long Valley, NJ

Meet at park at noon



WARREN COUNTY PUPPY POWER

MEET & GREET
TO LEARN ABOUT
THE SEEING EYE TRAINING PROGRAM!

JEWISH CENTER
OF NORTHWEST JERSEY
115 YOUMANS AV
WASHINGTON • NJ



SUNDAY
NOV 24, 2024 -
10:15AM

ENTIRE CONGREGATION IS
INVITED TO LEARN ABOUT
THE SEEING EYE, MEET
SOME PUPS, DOGS &
TRAINERS / HANDLERS

WHY DO WE NEED SEEING EYE
DOGS, LEARN ABOUT TRAINING
& COMMITMENT & HOW
REWARDING & ENRICHING THIS
VOLUNTEER PROJECT IS!!



Updates & Events

FOOD DRIVE

JCNWJ will again facilitate a Yom Kippur food drive this year. As always, we will be donating nonperishable items to local food pantries.

Please see the next two pages with guidance about the types of food donations that are in demand and will have the greatest impact.

Thank you for your continued support!
-Iris

THANK YOU

A huge Thank You to Marcia Guberman and Beth Lappin for helping me clean and reorganize the kitchen over the summer. Marcia and Beth did a great job cleaning, polishing, emptying out cabinets and drawers and sprucing everything up for the new year and we got to share quality time together!

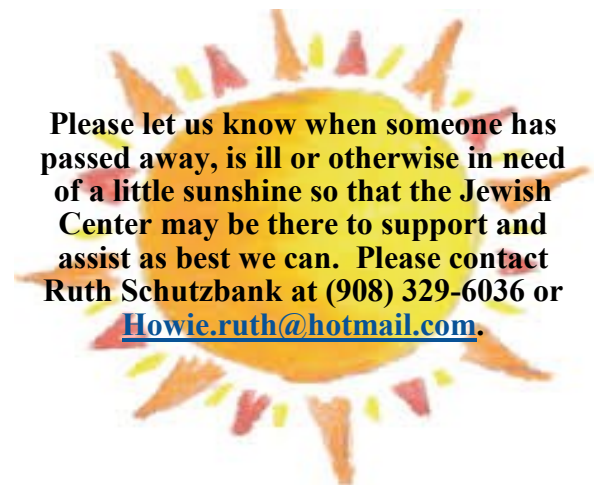
-Iris

YAHREZEITS

Thomas Frank	Father of Grace Marr
Edward Margolis	Father of Bob Margolis
Frank Bronico	Father of Jeannie Berkowitz
Arlene Gordon	Dear friend of Edythe Herson
Barbara Simons	Wife of Gerry Simons
Esther Newman Lewis	Grandmother of Rabbi Lewis
Bernie Robins	Husband of Nancy Robins
Celia Robins	Mother of Bernie Robins
Belle Fromer Shure	Aunt of Helen Mattson
Nora Lessne	Cousin of Edythe Herson
Isadore Sachat	Grandfather of Barbara Simons
Thelma Rivera	Sister of Stuart Goldberg

Note: If any Yahrzeit information is missing or incorrect, please notify the Temple.

A Reminder from the Sunshine Committee



Please let us know when someone has passed away, is ill or otherwise in need of a little sunshine so that the Jewish Center may be there to support and assist as best we can. Please contact Ruth Schutzbank at (908) 329-6036 or Howie.ruth@hotmail.com.

Updates & Events

FOOD DONATIONS

With the High Holidays fast approaching, I would like to offer the following statistics for the food pantry at Trinity Methodist Church in Hackettstown.

This year, in one (1) month, 31 days, Trinity serves approximately 1,500 individuals with 500 children and over 400 homes. Last year they served approximately 600 individuals. The numbers have more than doubled.

With the Yom Kippur food drive, I am asking that you give, as generously as you can, non perishable foods, paper goods, feminine products and even pet food. Also, simple can openers are needed if containers do not have a tab top.

If you can not bring food, please consider a monetary donation. You can make it payable to JCNWJ and we will divide the money between Washington Methodist food pantry and Trinity Methodist's food pantry.

I have attached an informative article from Feeding America.

What food you CAN donate to your local food bank:

This part is pretty easy. Food banks accept dry and canned food donations. What does that mean? Basically, any food that is “shelf-stable” or nonperishable – you can keep it in your pantry and it won’t go bad. And remember, only donate food that hasn’t reached its “sell-by” date yet. Specifically, food banks often need items like:

- Peanut butter
- Canned soup
- Canned fruit
- Canned vegetables
- Canned stew
- Canned fish
- Canned beans
- Pasta (most prefer whole grain)
- Rice (most prefer brown rice)

That’s not an exhaustive list, but it covers much of [what food banks regularly need](#). Additionally, [some food banks accept personal care and household items](#) since many families struggle to afford them and aren’t covered by other food assistance programs like SNAP.

Look in your pantry if you’re still stumped about what to donate. Families struggling with hunger often can’t afford the

Updates & Events

staples that we normally have stocked at home. So, check your pantry out and go from there. Even specialty foods like olive oil, dressings, or marinades can be helpful if they don't need to be refrigerated.

What not to donate to a food bank

The number one rule to remember is this: if your donation is perishable, i.e., it's something with a limited shelf life if not refrigerated, food banks won't accept it. But there are other categories of food that you can't donate. We've broken it all down into this handy list:

- **Items needing refrigeration:** As we've already mentioned, this is the big one. Food like produce, dairy, and meat can spoil easily and your local food bank may not have the refrigerator or freezer space needed to keep these items fresh. While an individual can't donate a bunch of bananas or a frozen turkey, many food banks do work directly with farmers, retailers, restaurants, and other companies to source these perishable foods for donation. And, Feeding America helps ensure its network has access to these healthy foods year-round.
- **Expired food:** When considering what to donate, think about what you'd be comfortable serving your family. Chances are, you don't eat food that's past its "use-by" or "sell-by" date, so avoid donating anything past those dates to food banks as it could be unsafe to eat.
- **Leftovers:** While it may be tempting to want to share the bountiful food from big meals like Thanksgiving, it's best to [keep leftovers for the family](#). To ensure the people they serve are safe, food banks can't accept leftovers or anything made in personal kitchens because they aren't individually sealed and the food bank can't verify the ingredients or preparation process.
- **Food with packaging concerns:** This includes food with damaged packaging such as dented or bloated cans, packaging that is already open, or even items in glass containers, which can shatter and cause food safety concerns for any other food they're stored near. A good rule of thumb is if you wouldn't consider buying it new, don't donate it.
- **Baked goods:** Similar to leftovers, since food banks can't confirm how your baked goods were made or their ingredients, they can't be donated. But, food banks often have relationships with local restaurants or bakeries which will donate extra food that is properly labeled and handled to nearby pantries, soup kitchens or shelters.

JCNWJ Services

Lifecycle!

JCNWJ.ORG • 908.689.0762

115 YOUMANS AVE. WASHINGTON, NJ

MEMBERSHIP~

Family, married and/or with children \$1400.00
 Single, individual \$ 700.00

BABY NAMING~

Member at scheduled service Donation
 Member at other-than scheduled service \$ 180.00
 Non-member at scheduled service \$ 360.00

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Bar or Bat Mitzvah \$ 360.00
 Bar or Bat Mitzvah when CIF is not PIF \$1476.00
 Additional \$1000 may be applied to CIF

MARRIAGE~

Wedding.....\$ 360.00

DEATH/BURIAL PLOT~

Funeral..... \$ 180.00
 Funeral, non-member..... \$ 612.00
 Located in Easton, PA Market Price
 All other charges payable to Easton Cemetary

Honors!

JCNWJ.ORG • 908.689.0762

115 YOUMANS AVE. WASHINGTON, NJ

MEMORIAL & SIMCHA

Memorial plaque, member \$ 324.00
 Memorial plaque, non-member \$ 540.00
 Simcha tree leaf \$ 180.00
 Pew plaque \$ 252.00
 Prayer book \$ 36.00
 Donation card \$ 5.00 & up
 Library \$ 10.00 & up

EVENTS

Kitchen/Simcha room.....\$ 252.00
 +\$252.00 refundable deposit



JCNWJ Services

We are looking for volunteers who are willing to give time, ideas & talents for:

- activities committee
- fundraising committee
- promotional committee

CALL FOR VOLUNTEERS



WE NEED YOU!!

contact Suzi at 908.343.1135 or by email at suzology.sm@gmail.com

Jewish Center of Northwest Jersey

IN LOVING MEMORY YIZKOR & YAHRZEIT MEMORIAL CANDLES AVAILABLE



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Partners



Instructor
Gina Cerbone

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@ the barn
117 Hope Crossing Road
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For Booking or Questions
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(or 5) Wednesdays
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Tax time is here!

*The Norwescap **Volunteer Income Tax Assistance (VITA)** program needs your help in **Sussex & Warren counties!** Receive training to assist seniors & those facing challenges in your community.*

Volunteer Opportunities Include:

- ***Tax Appointment Scheduler***
- ***Intake Specialist***
- ***Tax Preparer***
- ***VITA Site Coordinator***



*Scan here
to contact:*

Rochelle Ostenfeld
973-784-4900 ext. 2909
ostenfeldr@norwescap.org
norwescap.org



NORWESCAP

Partners

Domestic Abuse
& Sexual Assault
Crisis Center
of Warren County

Dear Members of the Jewish Center of Northwest Jersey,

"Just as despair can come to one only from other human beings, hope, too, can be given to one only by other human beings."

– Elie Weisel

At the Domestic Abuse and Sexual Assault Crisis Center – DASACC, we believe that these challenging times have given us an opportunity for self-reflection, learning, and growth. The mission of the DASACC is to help, serve, and advocate for those impacted by interpersonal violence, to be proactive regarding its prevention, and to create positive change.

We offer a wide range of services tailored to meet the diverse needs of those affected by interpersonal violence:

24/7 Crisis Intervention

- ❖ Emergency Shelter *individual bedrooms & pet-friendly*
- ❖ 24/7 Hotline/Helpline
908-453-4181
- ❖ 24/7 Web Chat
www.DASACC.org/web-chat
- ❖ Domestic Violence & Sexual Assault Response Team

Additional Services

- ❖ Legal Advocacy
- ❖ Individual and Group Counseling
- ❖ Case Management
- ❖ Community Outreach & Prevention
- ❖ Volunteer Program
- ❖ Casa Hispana
- ❖ Wardrobe of Hope

As members of the Jewish Center of Northwest Jersey, we invite you to join us in supporting the important work of DASACC. Together, we can make a difference in the lives of survivors and create a community where everyone feels safe, valued, and empowered.

For more information about DASACC and how you can get involved, please visit our website at www.DASACC.org.

Thank you for your support and compassion.

Sincerely,

The DASACC Team

24/7 Hotline/Helpline
908-453-4181



HELPLINE: 1.888.8BE.SAFE | WWW.DASACC.ORG | OUTREACH OFFICES: 28C BROAD STREET | WASHINGTON, NEW JERSEY 07882
OUTREACH: 908.453.4121 | OUTREACH FAX: 908.223.1145 | SAFE HOUSE: 908.453.4181 | SAFE HOUSE FAX: 908.453.3788

Partners



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www.warrenhillsmemorialhome.com

Wanted: Advertisers for JCNWJ Journal

Kindly take note of the ads at the end of our Journal and whenever possible, support these establishments with your patronage. It's also a good idea to mention that you saw their Temple ad. If there are any businesses that you use regularly that might be interested in taking an ad in the Journal, please contact Rita Berkowitz (berk721@aol.com) or Ruth Schutzbank (Howie.ruth@hotmail.com). You can also go to our homepage, print out an advertising form and give it directly to them to mail in.