President’s Message, February 2024

The Sandwich Generation

With our parents now living longer, some of us are now having to take care of our parents, as well as always looking out for the welfare of our children and grandchildren.

It is a daunting responsibility. For those people like me, who had a warm and loving family to grow up in, it is a responsibility that I take very seriously to ensure that my father can enjoy his “golden years.” Of course, my dad’s opinion on the golden years is that they ain’t so golden. As I deal with caring for a parent who lives on the other coast,  my primary concern is to ensure that he gets to live his life with the dignity that he has always had. But with physical limitations arising, i.e., falling, losing your ability to drive, concessions must be made to ensure safety.

As my dad turns 92 just before this newsletter comes out, some of these issues are arising, and I want to do my best to help dad out and make his life better. As I am finding out, what I think is best for him is not always what he thinks. I want to make sure as best I can that he is well taken care of and that he is not that limited in what he can do and where and when he can go places.

But the hardest part of it all for me is that I can’t be there for him physically as much or as often as I would like, and I need to depend on others to help me ensure a good quality of life for dad in his nineties.

For those of you who have gone through this, or are going through it, I can feel your anguish, as wanting to help and not being able, can really put a damper on your day.

May we continue to honor our mothers and fathers, as we are taught in the Torah.

With much love,

Howie