## **President's Message Summer 2021**

Ain't No Cure for the Summertime Blues

I heard Pete Townshend of The Who describing this line from an Eddie Cochran song a long time ago, and I thought that I would expound upon it today. Pete basically said that you don't get the blues in the summertime, which is why there is no cure.

For many people, this can be a true statement. While for others who struggle with depression, it is a complete lie.

Before the pandemic hit, we had shown a documentary called "This Way Madness Lies", which was created by Rabbi Dubin's neighbor Sandra Luckow. I think of how fortunate I am that I do not have to directly deal with some aspects of mental illness, and the ones that I do have to deal with are minor compared to what other people are going through.

As a people of conscience, we need to be concerned about the people who are in most need of help, especially those who don't want to admit they need help.

I hope that as we get back together soon, we can put together some more programming on mental illness, as well as other programs to help us understand where there are needs in Warren and Hunterdon Counties, and what we can do as a community to offer our assistance. I wish for you a wonderful summer, and I look forward to SEEING you at the High Holidays beginning in VERY EARLY SEPTEMBER. I have a lot of hugs stored up for those of you who will attend.

Keep a lookout for the emails over the summer to see when we will begin to have services in our Hamish sanctuary once more.

Howie