

# Jewish Center of Northwest Jersey



## Journal



PO Box 2, 115 Youmans Avenue, Washington, NJ 07882  
(908)689-0762  
[www.jcnwj.org](http://www.jcnwj.org)

October 2011  
Vol. XXXVII, Issue 10

### Mark your Calendar

#### \*Sunday October 2nd

9:30am School--K/1

9:30am Taste of Judaism

11:00am Sisterhood Mitzvah Day

#### \*Tuesday October 4th

7pm Conversational Hebrew

#### \*Friday October 7th

Erev Yom Kippur

8:00pm Kol Nidre

#### \*Saturday October 8th

Yom Kippur

9:30am Service

3:15pm Torah Study

3:30pm Family Service

4:30pm Neilah

6:00pm Break-fast following service

#### \*Sunday October 9th

No School

#### \*Saturday October 15th

10:30am Torah Study

#### \*Sunday October 16th

9:30am K/1

9:30am School

9:30am Sukkot Service/

Consecration

**Continued on Page 3**

### *Rabbi's Message*

No matter what I write about Israel, it will be out-dated by the time you receive this newsletter. Right now, we are holding our collective breath, anticipating what might happen when the UN decides how to respond to Mahmoud Abbas's request for recognition of a Palestinian state. By the time you read this, we will know the answer. It is hard to know what road to peace is the right one but declaring a unilateral Palestinian state at the UN surely isn't it. We can only hope that the threat of doing so will bring both parties back to the negotiating table; that will be the only road to peace for Israel and the Palestinians.

The Israeli Ministry of Foreign Affairs emailed a packet this week to American rabbis and educators. I'd like to share with you the words of their introduction. I felt that the words captured the feelings I have as I wait for the UN vote.

The High Holy Days are a time of dichotomous emotions.

The sternness captured in the liturgy, of asking for forgiveness and praying for our future, is balanced by the sweet honey that elicits the opportunities that lie ahead.

This year, 5772, we feel the Holy Days' urgency as dramatic changes grip our region. Indeed, we will usher in the New Year on the heels of unprecedented shifts in the Middle East.

At this crucial moment in the history of Israel, Jews around the world are coming together to welcome the New Year. Israel, the ancient homeland of our people

and the modern realization of our self-determination, relies on the strength of our community world-wide.

It is poignant that the holiest time of year aligns with a turning point for us within the international community. As our Palestinian neighbors choose to circumvent engagement, we call on them to take our outstretched hand, to advance down the true road towards peace.

Neighbors must learn to be friends, not enemies. Now is the time to make our united call. We are committed to peace. We seek an end to conflict. We must achieve a viable and secure future with two states for two peoples.

We strive for a time when our children and our neighbors' children never again experience war, and when all of us will be able to realize the dream of a better future.

We present to you, rabbis and educators, this resource guide on the theme of peace, with the hope that it will be of assistance during the Tishrei holidays. We all understand the need for peace, security and hope. Now is the time to engage those around us to find our communal voice.

May the coming year be a sweet one in which the vision of the prophet will be fulfilled that each man will sit under his vine and every woman under her fig tree and none shall make them afraid.

L'Shana Tova U'Metuka

State of Israel Ministry of Foreign Affairs.



We echo the ancient words of the psalmist who long ago prayed for peace:

Pray for the peace of Jerusalem  
May those who love you be at peace.  
May there be peace within your ramparts,  
Peace within your citadels.  
For the sake of my family and friends, I pray for your well being.  
Psalm 122

### High Holiday Food Drive

### Break-the-Fast on Yom Kippur

Jeannie Berkowitz will coordinate this community meal. Please be in touch with her by phone or e-mail before Yom Kippur regarding your contribution. As in the past, this will be a dairy supper (fish is fine, but no chicken). The break-the-fast will begin after the end of services on Yom Kippur. Jeannie will need assistance setting up after the morning service and before Torah study. If you can help, please contact her.

It has been customary for many years for our congregation to organize two food drives to feed the hungry: the first between Rosh Hashanah and Yom Kippur and the second around Pesach. The first one is coming up soon. Please fill your bag with non-perishable, non-breakable items, such as canned or boxed (dried) fruits and vegetables (preferably not overly sweetened), soup, juice, pasta, cereal, and anything else that you would want to eat. We give our proceeds to NORWESCAP (and have been asked not to include matzah). Please bring the filled bags starting on Rosh Hashanah morning. The last day of the food drive will be the week after Yom Kippur, on Sunday, October 16.  
*Thank you in advance for your generous participation.*

## *Presidents Message*

I can feel autumn coming already. There is a chill to the early morning air. My garden is finishing up the last of the tomatoes. The gourds are just about done. It is almost time to plant my favorite crop, which is garlic. The leaves will begin changing in the near future and those of us lucky to have many trees will get to spend our fall days outside raking and removing the leaves from our yards. I love these days, when it is not so hot, and I get to work in the yard with a jacket on, as opposed to the winter when we get to bundle up to remove the snow. While I am speaking about weather, while I understand about global warming, my father who lives in California said to me the other day, "I don't know how you can live in a state where you get both hurricanes and earthquakes". One of my favorite things about living in New Jersey is that we are relatively immune from these types of natural disasters, floods on the Passaic River excluded. I had never experienced an earthquake while awake before. I was sitting in a parking lot in Washington at the time and I felt my car sway up and down slightly for about 30 seconds. I really didn't know what to make of it, so my first thought was to look at the trees to see if there was a strong wind blowing, which there was not. I heard on the radio and they were saying they thought an earthquake just hit New York City. I then understood what had happened and immediately called Iris and asked her the question I would hear asked about a thousand times in the next few days, "Did you feel the earthquake?". I still feel safe from natural disasters here in Warren County, but maybe just a tad more wary.

My wish for you this year is the same as every year. I wish you good health, to be able to live life to the fullest, enjoy your family and friends, and support our temple.

### **Shanah Tovah**



**\*Tuesday October 18th**

**7:00 PM Conversational Hebrew**

**\*Friday October 21st**

**7:00 PM Service Simcha Torah Oneg: Rosenblum, Bauer, Stanton, Finkelstein, Fesinstine**

**\*Saturday October 22nd**

**10:00 AM Service Jonathan Rosenblum Bar Mitzvah**

**\*Sunday October 23rd**

**9:30 AM K/1 & Education Committee and School (music)**

**10:30 AM Confirmation**

**\*Tuesday October 25th**

**7:00 PM Conversational Hebrew**

**\*Sunday October 30th**

**9:30 AM PTO meeting**

**9:30 AM School**

## ***NEW YEAR'S GREETINGS***

**L'shanah tovah to all ★ The Bauer Family**

**L'shanah tovah to all the Congregation ★ Blanche and Marvin Davidson**

**Best wishes to all the Congregation ★ Eric Edelstein**

**L'shanah tovah to the Congregation and Rabbi Lewis ★ The Goldner Family**

**Best wishes to Rabbi Lewis and the JCNWJ Congregation ★ Marsha Gross and Family**

**Happy New Year to all my Temple Friends ★ Marsha Gross**

**L'shana tovah to the Congregation ★ Robin and Colson Hall**

**Happy New Year to all ★ Leslie and Murray Heller**

**Shanah tovah to all and shalom! ★ Edythe, Sharon, and Daniel**

**Wishing a healthy and happy New Year to the entire Congregation ★ The Hirsch Family**

**L'shanah tovah to all ★ The Jordan Family**

**L'shanah tovah to the Congregation ★ Rabbi Ellen Lewis**

**Happy New Year to the Temple family ★ Rene, Rory, and Scott Marinich**

**L'shanah tovah tikatevu to the entire Center Congregation ★ Helen and John Mattson**

**Greetings to the Congregation ★ The Nagorsky Family**

**L'shanah tovah to our JCNWJ Family ★ The Needleman Family**

**Happy New Year to Rabbi Lewis ★ Nancy and Bernie Robins**

**Best wishes to all the Congregation ★ The Robins Family**

**L'shanah tovah to all ★ Jan Romanczyk**

**Greetings to the JCNWJ: May you have a spiritually fulfilling year ★ Rona and Stan Schick**

**Happy New Year to all Temple members ★ Ruth and Howie Schutzbank**

**L'shanah tovah to all ★ The Smith Family**

**L'shanah tovah to the Congregation ★ Marsha Torine**

**L'shanah tovah to all ★ The Margolin/Weiner Family**

**L'shanah tovah ★ The Weinstein Family**



## **CONTRIBUTIONS**

**In honor of Howie Hirsch  
Marsha Gross  
Helen and John Mattson**

**In honor of the 25th anniversary of  
Diane Margolin and Michael Weiner  
Helen and John Mattson**

**In honor of the birthdays, graduations, and anniversary in  
the Margolin-Weiner family  
Rita and Jerry Berkowitz  
The Shelofskys**

**In honor of Iris' bat mitzvah  
Herbert Hirsch**

**In honor of Edythe Herson's 90th birthday  
Marsha Gross  
Rhonda Jordan**

**In honor of the B'not Mitzvah: Rita Berkowitz, Karen  
Finkelstein, Iris Hirsch, Rhonda Jordan, Suzanne Marr,  
Risa Smith, and Teri Stanton  
Marsha Gross**

**In honor of the B'not Mitzvah and their teachers: Howie  
Hirsch and Charlotte Fels  
Rhonda Jordan**

**In honor of the 25th anniversary of  
Nancy and Bernie Robins  
Judy and Paul May**

**\*\*\*\*\***

**In memory of Theodore Jay  
Rabbi Ellen Lewis**

**In memory of Belle Shure  
Helen and John Mattson**

## **CORRECTIONS TO AUGUST LISTINGS:**

**A contribution was made in honor of  
Rona and Stan Schick's  
60th anniversary on June 24th  
Judy and Paul May**

**Siddurim were dedicated by  
Nancy and Bernie Robins in honor of  
Edythe Herson  
Howie Hirsch  
Judy and Paul May**

**Thank you to our members who  
contributed to the Flower Fund for  
the High Holy Days and throughout  
the year**

**Tracey and Mo Bauer  
Jeannie and Jeff Berkowitz  
Blanche and Marvin Davidson  
Eric Edelstein  
Lois and Stuart Goldberg  
Laurie Post and Steve Goldner  
Marsha Gross  
Robin and Colson Hall  
Leslie and Murray Heller  
Edythe Herson  
Sharon Herson and Daniel Fleckles  
Iris and Howie Hirsch  
Rhonda Jordan  
Rene Marinich  
Helen and John Mattson  
Gwen and Ed Nagorsky  
Martha and Jack Needleman  
Nancy and Bernie Robins  
Ruth and Howie Schutzbank  
Harold Schwartz  
Marsha Torine  
Diane Margolin and Mike Weiner  
Roseann, Sarah, and Ed Weinstein**

**And a special thank you to  
Rita and Jerry Berkowitz  
for the flowers on the bima  
on Yom Kippur**

## Education/PTO

For our Hebrew School Opening Day Program on **September 11, 2011**, Rabbi Lewis and Student Cantor Elana Rosen-Brown led us in a moving service commemorating the tenth anniversary of the 9/11 attacks. Thank you, it was beautiful. I would also like to thank our speakers, Gwen Nagorsky, Erik Heller and Mike Weiner for sharing with us their heartfelt experiences from September 11, 2001.

Welcome to our new students, Levi Leifer (Kindergarten), Noah Schaffer (Kindergarten), Ari Schaffer (Kindergarten), Hannah Perfetti (3<sup>rd</sup> grade), Rachel Parilis (6<sup>th</sup> grade), and Ben Parilis (Confirmation Class).

**October 2<sup>nd</sup>** is "Mitzvah Day". The Sisterhood has organized a trip to Grow-A-Row and Hebrew School will end at 11:00 on October 2<sup>nd</sup>. Families are encouraged to participate in Mitzvah Day. Parents must either accompany their child(ren) to the Grow-A-Row event, or pick up them up from the Jewish Center at 11:00 so that the teachers can attend.

There will be no Hebrew School on **October 9<sup>th</sup>** as it is the day after Yom Kippur. **October 16<sup>th</sup>** is our Sukkot and Consecration service. Parents are invited to stay and enjoy the service. Confirmation class meets on **October 23<sup>rd</sup>** and our next PTO meeting is on **October 30<sup>th</sup>**.

Marsha Gross  
(Education Chair)

### October Journal Deadline

The deadline for submitting articles, advertisements and photos to be included in the October issue is: October 16, 2011. Please email articles, ideas or news items to Journal Editor, Barbara Simons at [bjbs@comcast.net](mailto:bjbs@comcast.net)

### : Advertisers for JCNWJ Journal

Reaching hundreds of readers each month in Hunterdon, Morris, Somerset and Warren Counties, as well as those residing parts of Eastern Pennsylvania, advertising in the Journal is effective and affordable. Tell your friends and contacts at local businesses whom you patronize about the opportunity to market through sponsoring and advertisement in the online newsletter. For more information on placing an ad, see the Journal Advertising Form on the temple website or contact Jeannie Berkowitz

## You're Invited

The Rosenblum family would like to invite the congregation to celebrate Jonathan's becoming Bar Mitzvah. So many of you have been a huge part in Jonathan's life and we would be honored if you would join us for an Oneg in Jonathan's honor after the Friday night service on October 21st. We hope that you can join us at the Shabbat morning service on October 22nd in which Jonathan becomes Bar Mitzvah as well as for Kiddush afterwards. We look forward to sharing this joyous occasion with you. In lieu of the traditional party, Jonathan has chosen to celebrate privately with his family. There will be no formal invitations sent out.





## **Jewish LIFE Kicks Off New Season in October. Calendar NOW!!!**

**Mark Your**

**Norma E. Roth, *Pink Ribbon Journey: Stories from the Heart – Celebrating Women with Breast Cancer*, Sunday, October 23, 10 a.m. Hosted by the Flemington JCC.**

Norma E. Roth will share her experiences and stories of her journey through her battle with breast cancer, as well as other stories of survivors. Ms. Roth provides insight into the lives of survivors, their families, and medical professionals who care for them. This book celebrates these courageous patients who conquered cancer and take us through their journey from diagnosis to treatment, to recovery and beyond.

Program fee: \$10/person in advance ~ \$15/person at the door

**What's Jewish about Breast Cancer and Ovarian Cancer Genetics? Thursday, October 27, 7 p.m. Hosted by the Birnbaum JCC, Bridgewater.**

The evening will feature a panel discussion to raise awareness of Breast and Ovarian Cancer Genetics in the Jewish Community. Panel Members include: Ellen Levine, MSW, LCSW, OSW-C, Program Director, The Wellness Community of Central NJ, Shera Dubitsky, MD, MA, Clinical Supervisor, Sharsheret, Hetal Vig, MS, MGC, Board Certified Genetics Counselor, The Cancer Institute of NJ, Tovah Friedman, Cancer Survivor.

**Free to the Community**

*Looking ahead to November...*

**Global Day of Jewish Learning with Rabbi Noam E. Marans, Sunday, November 13, 4:30-7:00 p.m. Hosted by the Birnbaum JCC, Bridgewater.**

Jewish LIFE is pleased to welcome back to our community, Rabbi Noam E. Marans. Rabbi Marans is AJC's director of Interreligious and Intergroup Relations, overseeing national interfaith outreach, dialogue and advocacy. In his multi-faith work, Rabbi Marans develops and strengthens relationships with a wide variety of religious and ethnic groups to enhance mutual understanding, freedom of religious expression and support for the State of Israel and Middle East peace.

**Free to the Community**

**Philip Schultz, *My Dyslexia*, Sunday, November 20, 10 a.m. Hosted by the Birnbaum JCC, Bridgewater.**

Philip Schultz is a Pulitzer Prize-winning Poet who was never recognized as an intelligent person in school, in fact, he was placed into the "dummy class," as the students call it. Incidentally, he was ignored and treated differently, not only by his peers, but by teachers alike. Years later, Philip's brother was diagnosed with Dyslexia, and soon after, he realized he suffered from the same condition. Come and join Schultz and the JCC as he talks about how a boy who could not read until he was eleven years old, went on to become a prize winning poet by sheer force of determination.

Program fee: \$10/person in advance ~ \$15/person at the door

**Cookbook Author and Radio & Television Personality Arthur Schwartz, Jewish Italian Cooking...*The Southern Italian Table: Authentic Tastes from "Traditional" Kitchens*, Wednesday, November 30, 12 p.m. Hosted by the Birnbaum JCC, Bridgewater.**



**Jewish Life  
&  
Jewish Family Service of Somerset, Hunterdon & Warren Counties  
In Support of OCTOBER Being Breast Cancer Awareness Month**

**Present  
A Cancer Awareness Series**

**Norma Roth**

Author of

**“Pink Ribbon Journey”  
Stories from the Heart, Celebrating Women with Breast Cancer**

Norma Roth, author and breast cancer survivor, will discuss her experience, and the experience of the other women she met and interviewed, on their life journey with cancer.

**Sunday, October 23, 2011 10:00 AM**

**Located at the Flemington JCC, 5 Sergeantsville Road, Flemington**

**“What’s so Jewish About Breast Cancer & Ovarian Cancer Genetics?”**

**Presented by**

**JFS of SHW Ohr Tikvah Jewish Healing Program, Sharsheret.  
and The Wellness Community of Central New Jersey**

The evening will feature a panel discussion to raise awareness of Breast and Ovarian Cancer Genetics in the Jewish Community.

**Moderated by Ronnie Weyl, JFS Board Member.**

**Panel Members**

Ellen Levine, MSW, LCSW, OSW-C, Program Director, The Wellness Community of Central NJ  
Shera Dubitsky, MEd, MA, Clinical Supervisor, Sharsheret  
Hetal Vig, MS, MGC, Board Certified Genetics Counselor, The Cancer Institute of NJ  
Tova Friedman, Cancer Survivor

**Thursday, October 27, 2011 7:00–9:00 PM**

**Located at SSBJCC, 775 LTalamini Road, Bridgewater**

**Cancer Awareness Advisory Committee**

Ronnie Weyl, Ruth Edelman, Lee Coopersmith, Tova Friedman,  
Marc Geller, PsyD, Todd Schneiderman, MD, Diane Naar, Rabbi Ron Isaacs, Katrina

# **“Finding Colleges That Fit You”**

Parents and High School students are invited to attend a three-part  
**College Planning Series**

**Presented by Rana Slosberg, of Slosberg College Solutions, LLC**

Rana is a member of the Higher Education Consultants Association and the  
Association for College Admission Counseling.

New Jersey



**September 12<sup>th</sup>, 2011**

**“College Support for Students with Learning Differences and/or ADHD”**

**October 10<sup>th</sup>, 2011**

**“Five Most Important Areas to Explore on Your College Visit” and  
“Jewish College Life”**

**November 14<sup>th</sup>, 2011**

**“Financial Aid 101”**

The programs will be held Monday evenings 7:00–9:00 PM  
At the Shimon and Sara Birnbaum Jewish Community Center  
775 Talamini Road, Bridgewater, NJ

To learn more about this series contact:  
JFS at 908–725–7799 or [Admin@JewishFamilySvc.Org](mailto:Admin@JewishFamilySvc.Org)

To learn more about Slosberg College Solutions LLC visit [www.slosbergcollegesolutions.com](http://www.slosbergcollegesolutions.com)



WholeLIFE Fitness

**What are your goals for this New Year?**

**What gets in the way of achieving your goals?**

Debbi Longenecker a Certified Fitness by Phone Coach®, Wellcoach, Intuitive Eating Coach and Personal Trainer has programs to fit your needs. **Make your goals a reality!**

Call today for special pricing for JCNWJ members.

(908)238-1185 or email [spencellen@earthlink.net](mailto:spencellen@earthlink.net)

Check out our web site [www.wholelife-fitness.com](http://www.wholelife-fitness.com)



**Karen Vedus Ed.S. LMFT**

Licensed Marriage & Family Therapist  
NJ #F100137000

Califon, NJ 07830  
908-832-4181  
[kveduseds@comcast.net](mailto:kveduseds@comcast.net)

[www.kveduseds.com](http://www.kveduseds.com)



[www.theyouthcenter.net](http://www.theyouthcenter.net)

## The Youth Center


### Day CAMP

and so much more!

- Day Camp ages 3-13
- Teen Nights and Camp Programs
- Sport Programs for Kids Ages 4 and Up
- Adult Fitness Programs
- Gym & Full Facility Rentals Available
- Discounts & Financial Aid available

[theyouthcentergg@yahoo.com](mailto:theyouthcentergg@yahoo.com)  
16 Hampton Rd, Glen Gardner, NJ 08826

# 908-537-4594



## Real Title LLC

Real Estate Escrow Services  
Title Insurance Agency

Attorney Free Closings - Save \$\$\$  
Guaranteed Settlement Fees for Real Estate  
Closings; Complete, Thorough, Quick  
Closings at Our Location or Yours, for  
Residential and Commercial Properties.  
\*\* Attorney referrals available!

Richard Rosenblum Cell (908) 797-3130  
Call: (888) 222-9960 Hektwn  
100 High Street, Suite 1 - Parsippany, NJ 07654 above the New York State Training Facility  
Corp HQ: (973) 244-9449 Parsippany



# *J.L. Apter Memorial Chapels*



## **SUSSEX AND WARREN COUNTIES' ONLY JEWISH FUNERAL HOME**

**UP TO A \$500 DONATION BACK TO THE JEWISH CENTER  
OF NORTHWEST JERSEY FROM EACH FUNERAL**

RESTRICTIONS APPLY

*PRE - PLANNING AND AT NEED PLANNING AVAILABLE  
IN THE COMFORT OF YOUR OWN HOME*

### *J.L. Apter Memorial Chapels*

Independently owned and operated

156 Main Street., Newton, NJ **973.383.3333**



**Jason L. Apter, Manager,**  
NJ Lic. No. 3650