

November 2019 Message from President Howie Hirsch

I have lived in New Jersey my entire life. One of the things that I love best are the fall colors. I love the way Warren County looks so picturesque in October. Although I am not crazy about how many leaves I have to move each fall, that is one of the prices for living in this beautiful area.

Our Simchat Torah service last month was one of the best services that I have attended at our synagogue.

Simchat Torah is a holiday of rejoicing. We were singing and dancing with Debbie on guitar, Noa bouncing up and down and leading the singing and the Religious School children marching (or running) and singing along to the songs as we paraded the Torah around the sanctuary. I think we got the spirit of rejoicing just perfect. Thank you to everyone who helped with [planting the daffodils](#) this past Sunday. The blood drive has been postponed due to blood center's lack of workers.

Following Rabbi Dubin's heartfelt sermons on the High Holidays, I want to ensure that everyone knows about our [Mental Health Day](#) on Sunday, December 8 at 4:00 p.m.

Please mark your calendar and bring friends with you, as this event is open to the community. There will be a panel with other religious leaders and mental health professionals to discuss the current state of mental health care, what is available, and what can be done to help others with mental health challenges.

See you at the temple.

Love, Howie

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