

May 2017 Message from President Howie Hirsch

Shalom from the air, where I spend a good deal of my time these days. I have not been dragged off any planes, and other than occasional delays, I find air travel in the US is OK.

As I travel around the country and interact with lots of people from many different walks of life, there are many things that I see. People are generally very nice to each other. The number of people that I see being unkind to others at airports is less than what I see on the news. When we get delayed, most people realize that the airlines are trying to get us from one place to another safely and as fast as they can. The people in other parts of the country seem to me to be slower-paced than we are in the New York area.

It gives me time to pause and reflect on how much stress a person can handle. My attitude is simply to live by the Serenity Prayer from Alcoholics Anonymous:

Lord grant me the patience to accept the things that I cannot change, the ability to change the things that I can change and the wisdom to know the difference.

Living by this adage means a lot to me, because it seems to lessen the stress in my life.

In regard to changing the things that you can, please think about volunteering some of your time at the temple. We need new [board members as well as committee members](#) to make this temple run smoothly. If you are interested, please contact me.

Love to you all,

Howie

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